

SYMPOSIUM ON TRIBAL AND RURAL INNOVATION IN HEALTH

September 11, 2026

OSU College of Osteopathic Medicine at the Cherokee Nation

CME CREDIT ATTESTATION

How do participants receive CME credits?

1. This course will be held in person at the OSU-COM at the Cherokee Nation on September 11, 2026 from 8:00 a.m. – 5:30 p.m.
2. Upon arrival, you will sign in on the paper sign-in sheets provided at the registration tables and complete the required evaluation, including the number of hours attended.
3. Credits will be available on your certificate and on your transcript.

To earn your Proper Prescribing credit:

1. Sign-in sheets will be passed around during the session.
2. Proper Prescribing will be uploaded to CE Broker for all D.O.s within 5 business days of completing the evaluation.

RELEVANT DISCLOSURES

Dr. Matt Wilkett, DO has Grant and Research Support – Cytokinetics
Dr. Siobhan Wescott, MD has a Consultant Relationship with Pfizer

All relevant financial disclosures have been mitigated.

No other content controllers have any relevant financial relationships to disclose.

PLANNING COMMITTEE

Natasha Bray, DO
Program Chair

Ashlei Ashmore, MS
Committee Member

Dustin Beck, DO
Committee Member

Ashton Clayborn, DO
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Director

Jade Byron, BS
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Continuing Medical Education
Coordinator

PRESENTATION POWER POINT AVAILABILITY

The PowerPoint presentations can be viewed by logging into your OSU CME account, hovering over or clicking on the My CME button, then selecting Syllabus, then selecting the event. You will see a copy of the agenda with "PDF" displayed next to the speaker's name if that speaker has a corresponding PowerPoint for their presentation.

WI-FI

Network: CHS_Guest
Password: chsguest



COLLEGE OF
OSTEOPATHIC MEDICINE
at the Cherokee Nation

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8:00-9:30 a.m.	Registration and Breakfast Poster Viewing/Discussion Visit with Exhibitors
9:30 a.m.	Announce Winners of Poster Competition OSU-COM CN OMM Lab
9:45 a.m.	Welcome OSU-COM CN Lecture Hall 1 – Room 1009
10:00–11:00 a.m.	Cardiovascular Disease Burden in American Indians in Oklahoma D. Matt Wilkett, DO OSU-COM CN Lecture Hall 1 – Room 1009
11:00 a.m.–12:00 p.m.	Training to Transformation: A Policy-Driven Path to Reduce Disparities and Improve Access in Rural and Underserved Communities Emily Hawes, PharmD OSU-COM CN Lecture Hall 1 – Room 1009
12:00–1:00 p.m.	Lunch & Visit with Exhibitors
1:00–2:00 p.m.	Take it from the Top: Indigenous Health Approaches Siobhan Wescott, MD OSU-COM CN Lecture Hall 1 – Room 1009
2:00–3:00 p.m.	Skin Cancer Care in Rural Communities: Closing the Access Gap Ryan L. Ottwell, DO OSU-COM CN Lecture Hall 1 – Room 1009
3:00–3:30 p.m.	Break & Visit with Exhibitors
3:30–4:30 p.m.	Pediatric Rheumatology: Call, Refer or Treat? Lorien A. Nassi, MD OSU-COM CN Lecture Hall 1 – Room 1009
4:30–5:30 p.m.	The Appropriate Management of Opioid Therapy C. Scott Anthony, DO OSU-COM CN Lecture Hall 1 – Room 1009



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TOPICS & SPEAKERS

The Appropriate Management of Opioid Therapy

C. Scott Anthony, DO

Dr. Scott Anthony is an accomplished pain management physician with over three decades of experience in the field. He currently serves as a Pain Management Physician at Performance Care Clinic in Tulsa, Oklahoma. Dr. Anthony completed his Doctor of Osteopathic Medicine at Oklahoma State University College of Osteopathic Medicine, followed by a residency in anesthesiology and a prestigious fellowship in pain management at Washington University School of Medicine, Barnes Hospital in St. Louis. He is board-certified in both Pain Management and Anesthesiology by the American Board of Anesthesiology. Dr. Anthony also holds the position of Associate Professor of Surgery at Oklahoma State University College of Osteopathic Medicine, where he contributes to medical education in pain management and proper prescribing practices. His dedication to advancing pain management practices has made him a respected leader in the field.

Training to Transformation: a Policy-Driven Path to Reduce Disparities and Improve Access in Rural and Underserved Communities

Emily Hawes, PharmD

Emily M. Hawes, PharmD, BCPS, CPP, is Professor in the Department of Family Medicine at the UNC School of Medicine and Director of the North Carolina GME Technical Assistance Center and Sheps GME Technical Assistance Center at the University of North Carolina at Chapel Hill. She earned her Doctor of Pharmacy degree, summa cum laude, from Samford University McWhorter School of Pharmacy and completed PGY-1 and PGY-2 residencies in pharmacy practice and pharmacotherapy at UNC Hospitals and Clinics. Dr. Hawes is a board-certified pharmacotherapy specialist whose work focuses on rural and underserved workforce development, graduate medical education, team-based care, and ambulatory pharmacy practice. She has led multiple national HRSA-funded initiatives and has authored numerous peer-reviewed publications in journals including *JAMA Internal Medicine*, *Academic Medicine*, *Health Affairs*, and the *Journal of Graduate Medical Education*. Her honors include the 2025 Society of Teachers of Family Medicine National Innovative Program Award.

Cardiovascular Disease Burden in American Indians in Oklahoma

Matt Wilkett, DO

Dr. Matt Wilkett, DO, FACOI, FACC, is Professor of Medicine–Cardiology at Oklahoma State University Center for Health Sciences and Chief of Cardiology at Oklahoma State University Medical Center in Tulsa, Oklahoma. He earned his Doctor of Osteopathic Medicine degree from Oklahoma State University College of Osteopathic Medicine and completed his internal medicine residency and cardiology fellowship at Oklahoma State University Medical Center. Dr. Wilkett is board certified in internal medicine and cardiology and is a Fellow of both the American College of Osteopathic Internists and the American College of Cardiology. His clinical and academic interests include heart failure, atrial fibrillation, preventive cardiology, and cardiovascular disease in underserved and Native American populations. He has served as principal investigator on multiple multicenter cardiovascular clinical trials and is a frequent regional and national CME speaker. He was recognized as a Castle Connolly Top Doctor in Cardiology for 2023–2024.

Take it From the Top: Indigenous Health Approaches

Siobhan Wescott, MD

Dr. Siobhan Wescott, MD, MPH, is Associate Professor, Dr. Susan and Susette La Flesche Professor of American Indian Health, and Director of the American Indian Health Program in the College of Public Health at the University of Nebraska Medical Center. Dr. Wescott earned her MD from Harvard Medical School and completed pediatric residency training at the University of New Mexico Children's Hospital. A nationally recognized leader in Indigenous health equity, she has held leadership roles with the American Medical Association and the Association of American Indian Physicians. Her work focuses on Native health, health disparities, medical education, and culturally grounded healthcare innovation. Dr. Wescott was named the 2025 Association of American Indian Physicians Physician of the Year and was included on STAT News' inaugural STATUS List in 2022. Recent publications have addressed Indigenous cancer care disparities, racial bias in biomedical publications, and healthcare workforce diversity.

TOPICS & SPEAKERS

Skin Cancer Care in Rural Communities: Closing the Access Gap

Ryan Ottwell, DO

Dr. Ryan Ottwell is a board-certified dermatologist practicing in Tulsa, Oklahoma, with clinical expertise in general, cosmetic, and laser dermatology. He completed his Doctor of Osteopathic Medicine at Oklahoma State University Center for Health Sciences, followed by an internal medicine internship at the University of Oklahoma School of Community Medicine and dermatology residency at Trinity Health in Michigan. Dr. Ottwell serves as an Adjunct Clinical Professor of Dermatology at Oklahoma State University and is actively involved in medical education and accreditation through the Commission on Osteopathic College Accreditation. A Fellow of the American Academy of Dermatology, he has received multiple honors, including the Outstanding Teacher Award. His recent scholarly work includes numerous publications examining dermatologic research quality, patient-centered outcomes, and public health trends (2023–2025).

Pediatric Rheumatology: Call, Refer or Treat?

Lorien Nassi, MD

Dr. Lorien Nassi is a pediatric rheumatologist with board certification in both Pediatrics and Pediatric Rheumatology and serves as an Associate Professor in the Department of Pediatrics at the University of Texas Southwestern Medical Center, where she has been on faculty since 2009. She provides care for children with rheumatic diseases at Texas Scottish Rite Hospital for Children and Children's Medical Center Dallas. Dr. Nassi earned her undergraduate degree from Stanford University and her medical degree from UT Southwestern, where she also completed her residency and fellowship training. She is an active member of the Childhood Arthritis and Rheumatology Research Alliance and contributes to translational research in pediatric rheumatology, with recent publications addressing pediatric lupus and transition readiness in adolescents. She has been repeatedly recognized as a "Best Pediatric Specialist" by *D Magazine*.

Moderator

Natasha Bray, DO

Dr. Natasha Bray is an accomplished physician and educator specializing in Internal Medicine and Addiction Medicine. She currently serves as Campus Dean of the Oklahoma State University College of Osteopathic Medicine at the Cherokee Nation, where she also holds a Clinical Professorship in Rural Health. Dr. Bray earned her Doctor of Osteopathic Medicine from Oklahoma State University and completed her Internal Medicine residency at the Cambridge Health Alliance, a Harvard-affiliated hospital, followed by a fellowship in Health Policy with the American Osteopathic Association. She is board-certified in Internal Medicine, Addiction Medicine, and Osteopathic Medicine and is a Fellow of the American College of Physicians and the American College of Osteopathic Internists. Dr. Bray has received numerous accolades, including the 2022 AOF Educator of the Year Award. Her recent publications explore health equity, addiction medicine, and osteopathic education. Dr. Bray is a passionate advocate for rural and tribal health education and workforce development.

SAVE THE DATE

2026 VIRTUAL PRIMARY CARE UPDATE

November 3 – December 3, 2026

osu.cloud-cme.com | Work at your own pace!

See website for more information.

AI IN MEDICINE: CLINICAL INTEGRATION, INNOVATION AND THE FUTURE OF PATIENT CARE

February 9 – April 29, 2027

More information to come.

Check in periodically with osu.cloud-cme.com and/or watch for emails on updates for additional conferences being added to the schedule!

ONLINE CME

Get immediate access to AOA Category 1 and AMA PRA Category 1 credits.

Courses accessible 24 hours a day.

AOA Category 1 and AMA PRA Category 1 credit can be earned in the comfort of your own home or office by viewing/listening to online programs. The online CME program is a convenient way of meeting CME requirements.

How the program works:

1. Log in to osu.cloud-cme.com.
2. Browse Enduring Credits.
3. Purchase online courses.
4. Get immediate access to the course.

ACCREDITATION INFORMATION

CONFERENCE OBJECTIVE

The conference goals are to examine the long-standing health care disparities and inequities that continue to face individuals who live in rural and/or indigenous communities.

At the conclusion of this activity, learners will be able to:

1. Understand long-standing health care disparities and inequities that continue to face individuals who are American Indian/Alaskan native or live in rural communities.
2. Explore systemic inequities, economic disadvantages, and environmental exposures that prevent individuals and their communities from achieving optimal health, leading to differences in health outcomes.
3. Understand the role of patient and community perspective, values and resources in the delivery of high-quality health care.

AOA

The Oklahoma State University College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The Oklahoma State University College of Osteopathic Medicine designates this program for a maximum of 6 AOA Category 1-A credit(s) and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

OSTEOPATHIC SPECIALTY CREDITS

This conference is eligible for 1 Internal Medicine (AOBIM) specialty credit and Pediatric Medicine (ABP).

AMA CREDITS

The Oklahoma State University Center for Health Sciences College of Osteopathic Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Oklahoma State University Center for Health Sciences College of Osteopathic Medicine designates this live course for a maximum of 6 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OKLAHOMA STATE BOARD OF PHARMACY

This program has been submitted for approval.

OKLAHOMA STATE BOARD OF LICENSED SOCIAL WORKERS

The Oklahoma State University Center for Health Sciences Office of Continuing Medical Education (20261999) is a board approved CE provider and designates this program for a maximum of 6 CE credit(s).

OKLAHOMA STATE BOARD OF EXAMINERS OF PSYCHOLOGISTS

Oklahoma State University is a board approved CE provider and designates this program for a maximum of 6 CE credit(s).



ACCREDITATION INFORMATION

PROPER PRESCRIBING CREDIT

OKLAHOMA STATE BOARD OF OSTEOPATHIC EXAMINERS (OSTEOPATHIC PHYSICIANS)

This program meets the requirements for approval of (1) hour of CME credit by the Oklahoma State Board of Osteopathic Examiners.

OKLAHOMA STATE BOARD OF MEDICAL LICENSURE AND SUPERVISION (ALLOPATHIC PHYSICIANS AND PHYSICIAN ASSISTANTS)

This educational activity meets the Oklahoma State Board of Medical Licensure & Supervision annual licensure renewal requirement for 1 hour of education in pain management or 1 hour of education in opioid use or addiction.

MATE ACT - DEA

The lectures, "Proper Prescribing: Oklahoma Opioid Prescribing Guidelines" and "Breaking Barriers: Evidence-Based Approaches to Substance Use Disorder Treatment in Justice-Involved Individuals, Veterans and Marginalized Populations" meet the new Medication Access and Training Expansion (MATE) Act requirements from the Drug Enforcement Administration (DEA) for training on substance use disorders. Providers planning to receive or renew their DEA registration can earn 1 hours towards their 8-hour MATE requirement by participating.

OSU DISCLOSURES

Oklahoma State University Center for Health Sciences, College of Osteopathic Medicine in compliance with Title VI and VII of the Civil Rights Act of 1964, Executive Order 11246 as amended, Title IX of the Education Amendments of 1972, Americans with Disabilities Act of 1990, and other federal laws and regulations, does not discriminate on the basis of race, color, national origin, gender, qualified disability, religion, sexual orientation, gender identity, veteran's status, genetic information, or age in any of its policies, practices, or procedures. This includes but is not limited to admissions, employment, financial aid and educational services.

PROGRAM ATTENDEE NOTICE

For grievances, please contact our staff to report any problems you may have regarding facilities, program content, etc. Concerns about the program's compliance with the AOA Uniform Guidelines, please contact Ashley Groom, DHA, Director of Continuing Medical Education For any unresolved issues regarding compliance with the AOA Uniform Guidelines, you may contact the AOA:

American Osteopathic Association

Council on Continuing Medical
Education 142 E. Ontario St., Chicago,
IL 60611
800-621-1773



CONTINUING MEDICAL EDUCATION
OSU Center for Health Sciences